Scottish Athletics Field Events Grand Prix Series (Incorporating Hammerama & Seated Throws) 2015

(Held under UKA & IPC Rule – IPC approved)

Venue - **Craigswood Stadium Livingston**

**Dates:-**

**GP1 – 11 & 12 April - 2015**

**GP2 – 6 & 7 June - 2015**

**GP3 – 25 & 26 July - 2015**

**GP Final – 5 & 6 September**





**Supporting Field Events in Scotland**

**Save money by pre-entering**

**Pre Comp Entries: £5 per event.**

**On the day £10 per event.**

**Series Entry: £16 per event (series entry fees will be collected at the first GP Meeting**

**Entries close 1 week prior to each event**

Prizes will be awarded throughout the age groups. Details to be announced later

Entries should be sent to:

Mary Anderson

Scottish Athletics

Caledonia House

South Gyle

Edinburgh

EH12 9DQ

Or e-mail

[mary.anderson@scottishathletics.org.uk](mailto:mary.anderson@scottishathletics.org.uk)

Entry Fees will be collected on the day at registration

* **Declarations will close 1 hour prior to event.**
* **Weigh in for personal implements 60 min prior to**

**Event**

* **All athletes will get 6 attempts (throws and horizontal jumps)**
* **2 Warm up attempts will be allowed**

**Official Entry Form**

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Club/School\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of Birth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age Group \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Telephone Number\_\_\_\_\_\_\_\_\_\_\_\_\_ Mobile Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**SAL Membership No \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**IPC Classification\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Favourite music track\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Event 1 \_\_\_\_\_\_\_\_\_\_\_\_ PB\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Anticipated Performance\_\_\_\_\_\_\_\_\_**

**Event 2\_\_\_\_\_\_\_\_\_\_\_\_\_ PB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Anticipated Performance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Event 3\_\_\_\_\_\_\_\_\_\_\_\_\_ PB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Anticipated Performance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

GP1 – Saturday 11/Sunday 12 April 2015

GP2 – Saturday 6/Sunday 7 June 2015

GP3 – Saturday 25/Sunday 26 July 2015

GP Final – Saturday 5 Sunday 6 September 2015

Provisional Timetable

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | **Saturday** |  |
|  |  |  |  |
| **Event No** | **Time** | **Event** | **Grading** |
| 1 | 10.00 | Hammer | Senior/U20 Women |
| 2 | 10.00 | High Jump | Start height 1.30 -1.55m |
| 3 | 11.15 | Hammer | Under 11/13 |
| 4 | 11.15 | Javelin | Up to 40m |
| 5 | 12.30 | Hammer | Senior /U20 Men |
| 6 | 12.30 | High Jump | Start height 1.55 - 1.75m |
| 7 | 14.45 | Hammer | U17/15 Girls |
| 8 | 14.45 | Shot | Up to 9m |
| 9 | 16.00 | Hammer | U20 M/W; U17/15 Boys |
| 10 | 16.00 | Shot | Between 9 - 11m |
|  |  |  |  |
|  |  | **Sunday** |  |
|  |  |  |  |
|  | **Time** | **Event** | **Grading** |
| 1 | 10.00 | Discus | Up to 25m |
| 2 | 10.00 | Long Jump | Between 4.50 - 5.20m |
| 3 | 11.15 | Seated Throw | Club, followed by discus |
| 4 | 11.15 | Shot | Over 11m |
| 5 | 12.30 | Long Jump | Between 5.20 - 6.00m |
| 6 | 12.30 | Javelin | Over 40m |
| 7 | 14.45 | Long Jump | over 6.00m |
| 8 | 14.45 | Discus | Between 25 - 40m |
| 9 | 16.00 | Hign Jump | Start height 1.75m |
| 10 | 16.00 | Discus | Over 40m |
|  |  |  |  |
|  | Dates | April 11/12 | Events as above |
|  |  | June 6/7 | Triple Jump instead of Long Jump |
|  |  | Jul 25/26 | Events as above |
|  |  | Sept 5/6 | Triple Jump instead of Long Jump |